Cannabis as Medicine for Seniors

Frequently Asked Questions

1. Can using cannabis be dangerous?

Cannabis is very safe. There has never been a lethal overdose. We do recommend responsible use such as not driving a car if you feel impaired.

1. Will Cannabis interact with my prescribed medications?

Cannabis can possibly increase the effect of certain medications. For example, blood thinners and certain heart medications. We suggest a thorough consultation with a cannabis consultant. It does not mean that you cannot use cannabis, this only suggests that additional monitoring or guidance may be needed.

1. Are there side effects from using cannabis?

This depends on what you are taking, method of administration and dosage. There can be minor side effects such as dizziness, drowsiness, anxiety, or euphoria. Starting with a “Low and Slow” dosage can avoid this.

1. Can I consume too much?

The only way to over consume cannabis is by eating too much. You may have an unintended effect such as dizziness or nausea. We do not recommend that a beginner or senior patient starts by using edibles.

1. Can I become addicted?

There is a very low chance of becoming addicted to cannabis. Especially in comparison to opioids and narcotics which are highly addictive. Breaking a cannabis addiction is similar to stopping coffee cold turkey. You may become irritable for a few days. Where as stopping a prescription pain pill addiction is painful and potentially life threatening.

1. How do I use cannabis without getting “high”?

You don’t have to be high, unless you want to be! There are many products out there that do not contain the psychoactive component of the plant that causes you to be high, or to be mentally impaired in any way.